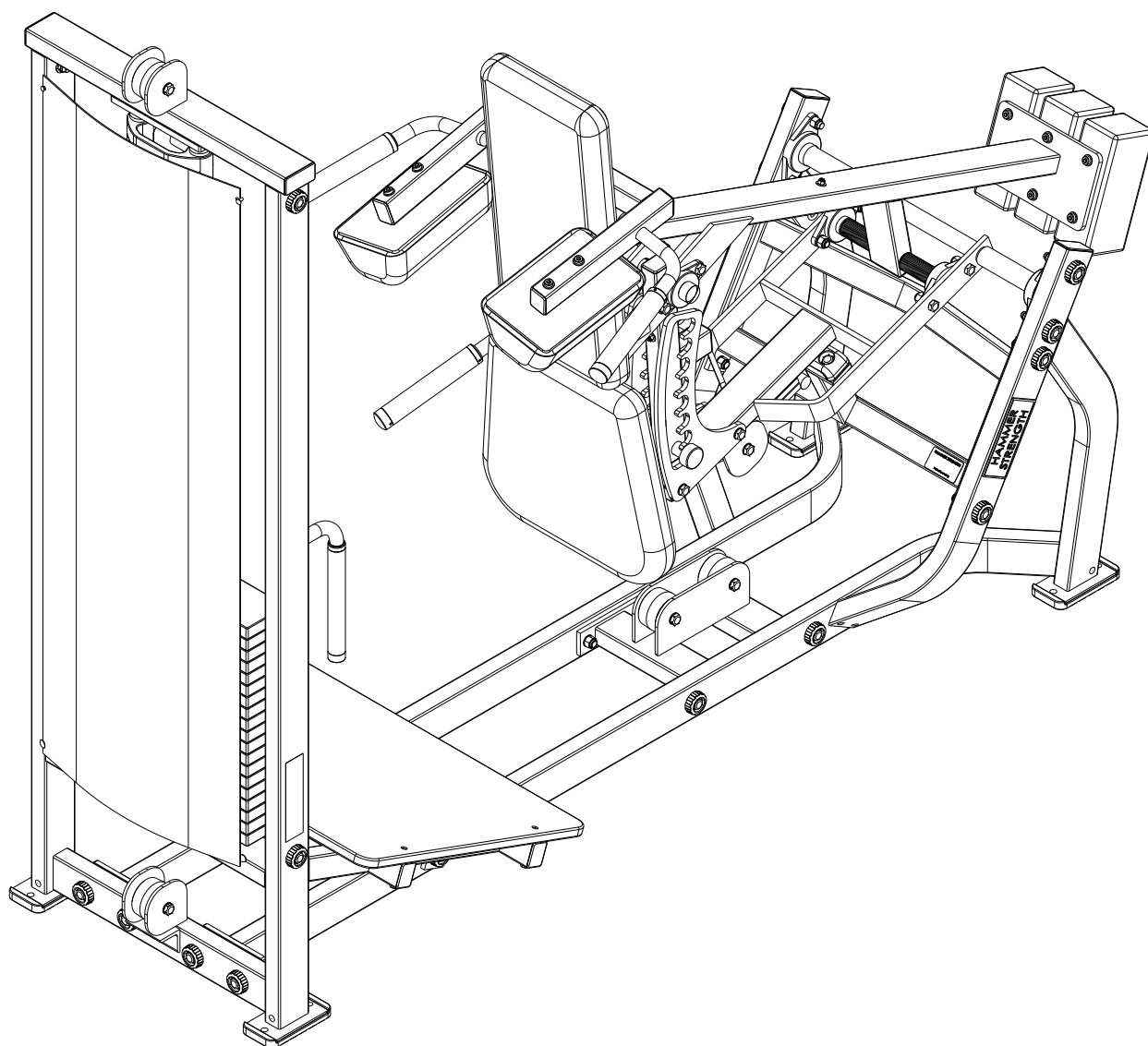




HAMMER STRENGTH
MTSVS
VERTICAL SQUAT



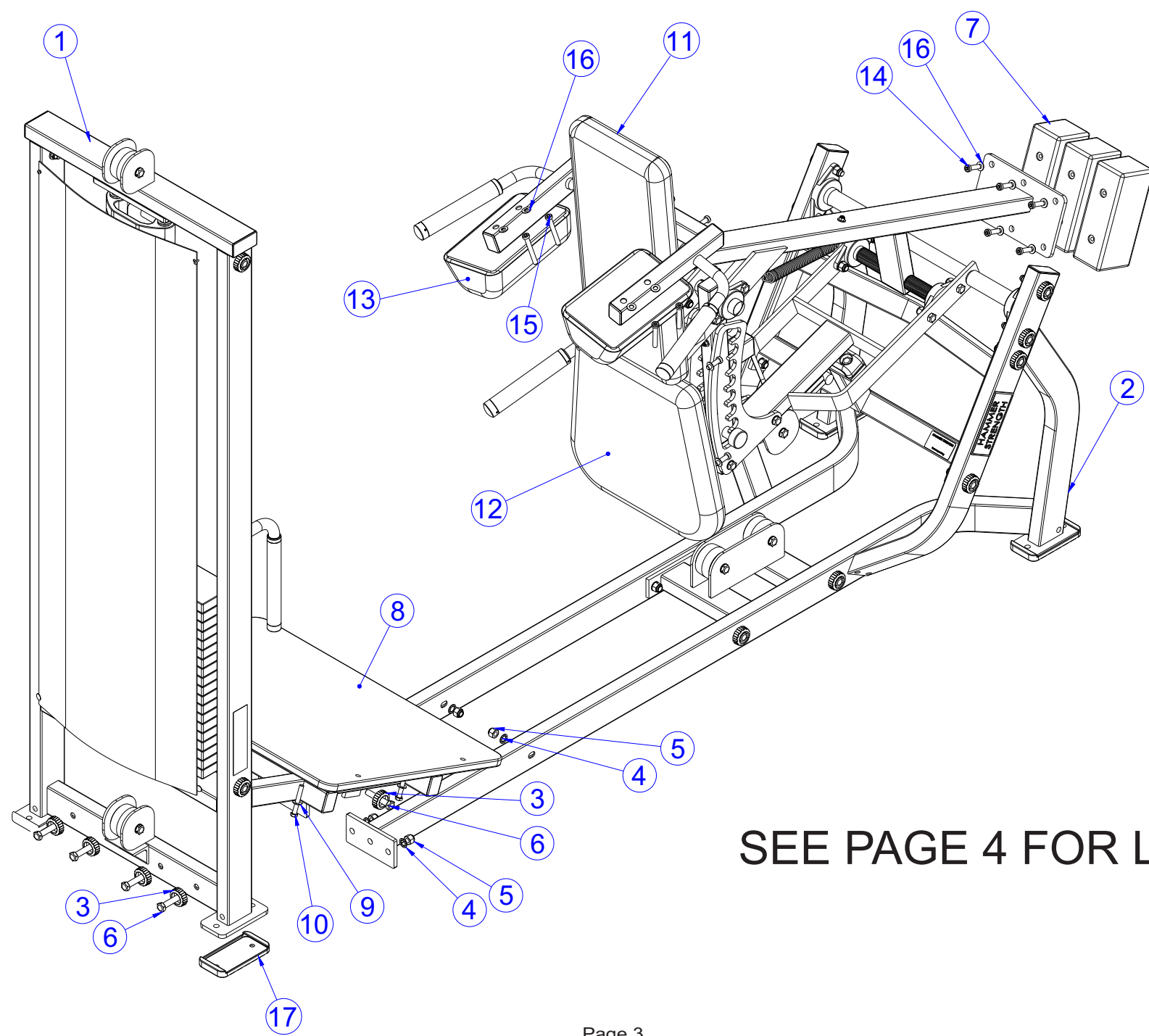
Customer Support Services
PARTS LIST

MTSVS VERTICAL SQUAT

Contents

COMPONANT ASSEMBLY	pg.3
COMPONANT ASSEMBLY LEGEND	4
MAIN FRAME ASSEMBLY	5
MAIN FRAME ASSEMBLY LEGEND	6
CARRIAGE ASSEMBLY	7
ADJUSTMENT HANDLE ASSEMBLY	8
M-ARM ASSEMBLY	9
LOWER PULLEY ASSEMBLY	10
BACK FRAME ASSEMBLY	11
WEIGHT FRAME ASSEMBLY	12
WEIGHT FRAME ASSEMBLY II	13
WEIGHT FRAME ASSEMBLY LEGEND	14
390 LBS. WEIGHT STACK ASSEMBLY	15
INCREMENT WEIGHT ASSEMBLY	16
IMAGE	17

MTSVS VERTICAL SQUAT COMPONENT ASSEMBLY



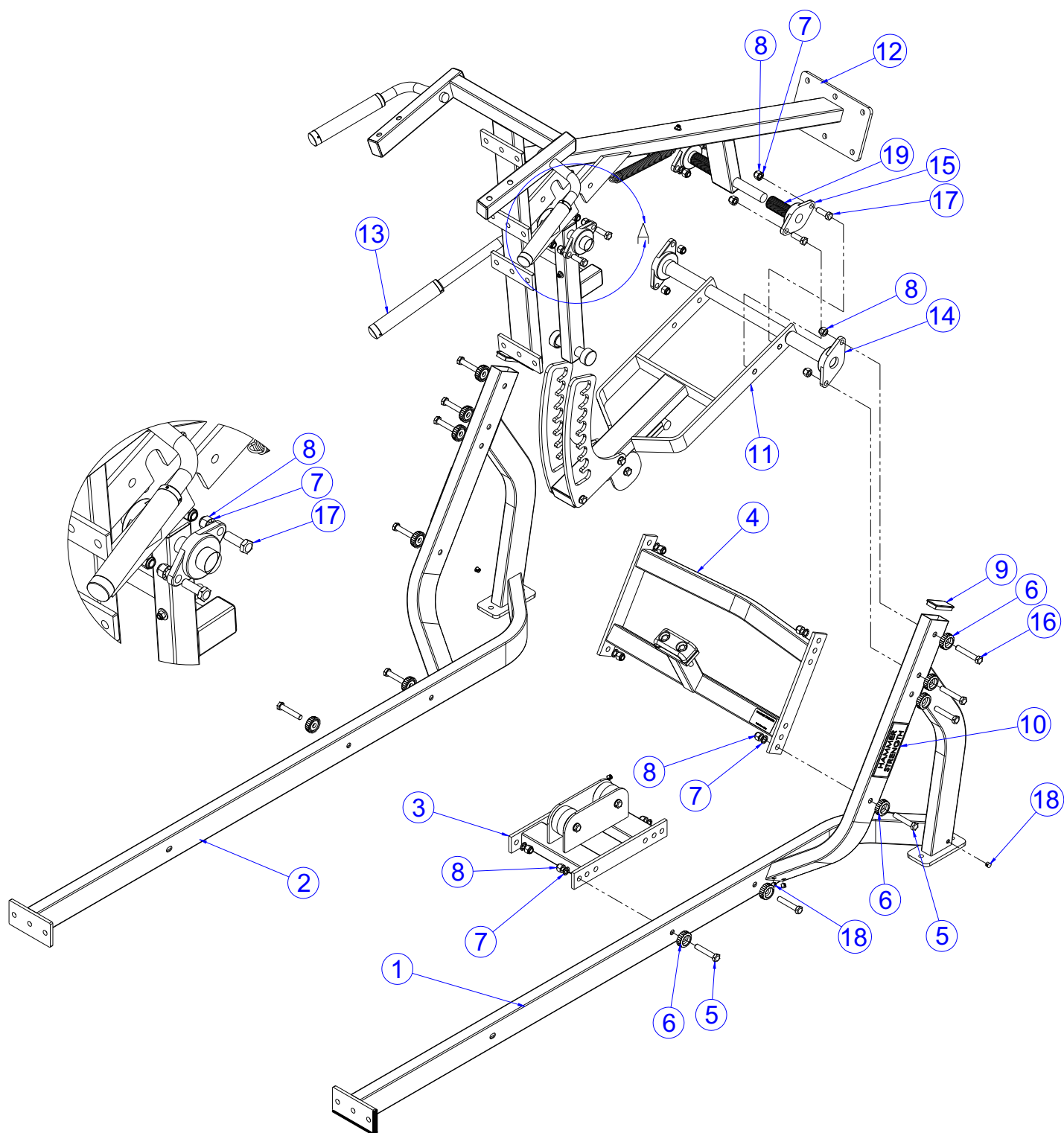
SEE PAGE 4 FOR LEGEND

MTSVS VERTICAL SQUAT

COMPONENT ASSEMBLY LEGEND

ITEM NO.	QTY.	PART NO.	DESCRIPTION
1	1	SEE PAGE 12	ASSY, MTVS, WEIGHT FRAME
2	1	7540301	ASSY,MTVS, MAIN FRAME
3	6	7434001	WASHER, MTS, HAMMER HEAD
4	6	3239505	WSH, .500 IN-D ST ZN
5	6	3102801	NUT, NYLOCK 1/2-13 ST ZN
6	6	3239311	1/2-13 X 2.75 UNS HEX FHB G5 ZN
7	3	7802501	WEIGHT, COUNTER LG
8	1	7571401	FOOT PLATE, MTVS, 31 X 23-7/8
9	4	3102514	WASHER, FLAT 3/8" SAE ST ZN
10	4	3223308	3/8-16 X 2.75 HEX HEAD BOLT
11	1	7398801	PAD, BACK 25 X 11-1/4
12	1	7562801	PAD, SEAT 17 X 17-3/4
13	2	7562901	PAD, SHOULDER 7-1/2 X 11
14	14	3236204	SCREW, M10 X1.5 35MM
15	4	3236212	SCREW, M10 X1.5 75MM
16	18	3236601	WASHER, 3/8 SAE SS
17	4	MM-9	3 X 6 FLANGE RUBBER SLIPPER

MTSVS VERTICAL SQUAT MAIN FRAME ASSEMBLY



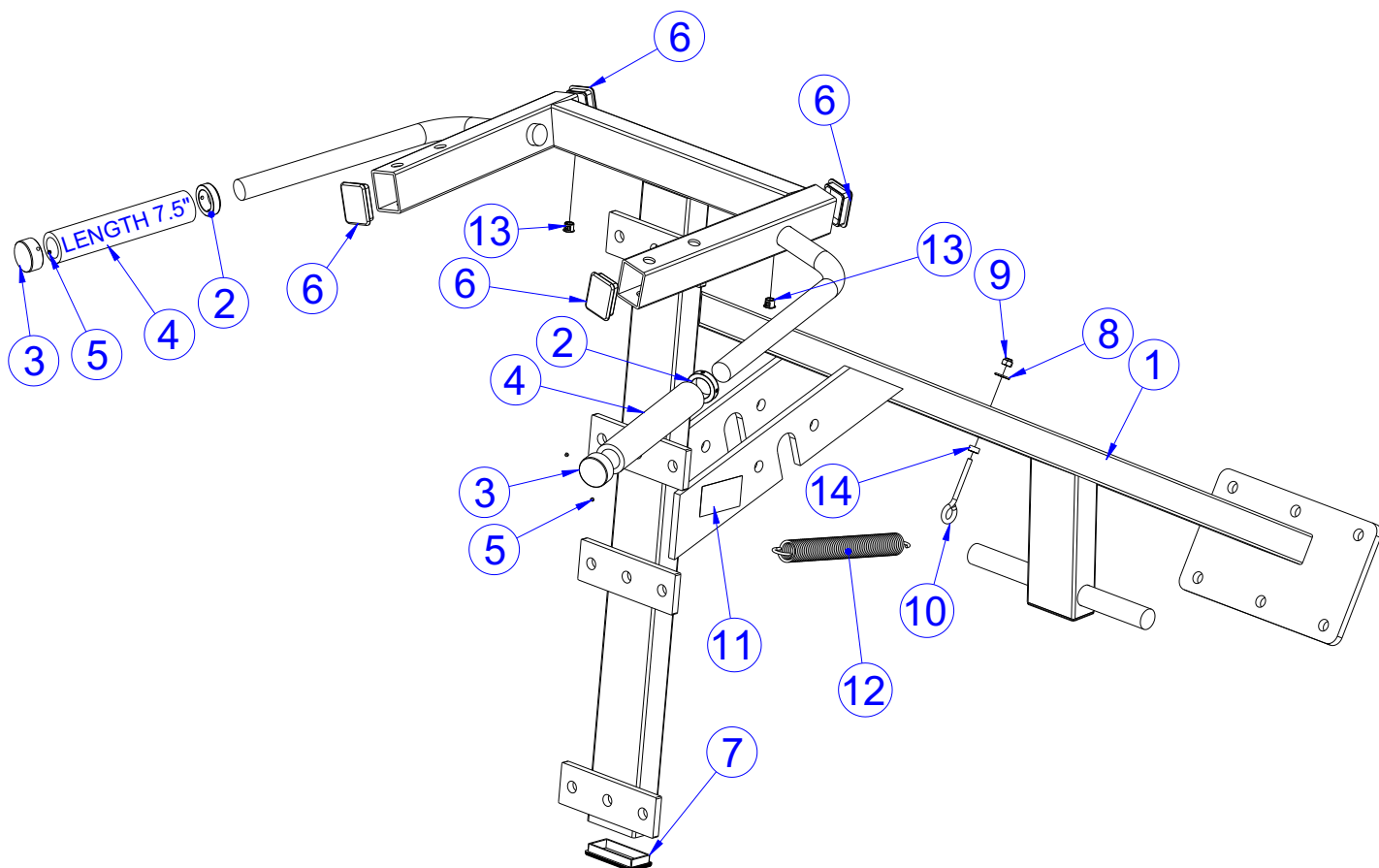
SEE PAGE 6 FOR LEGEND

MTSVS VERTICAL SQUAT

MAIN FRAME ASSEMBLY LEGEND

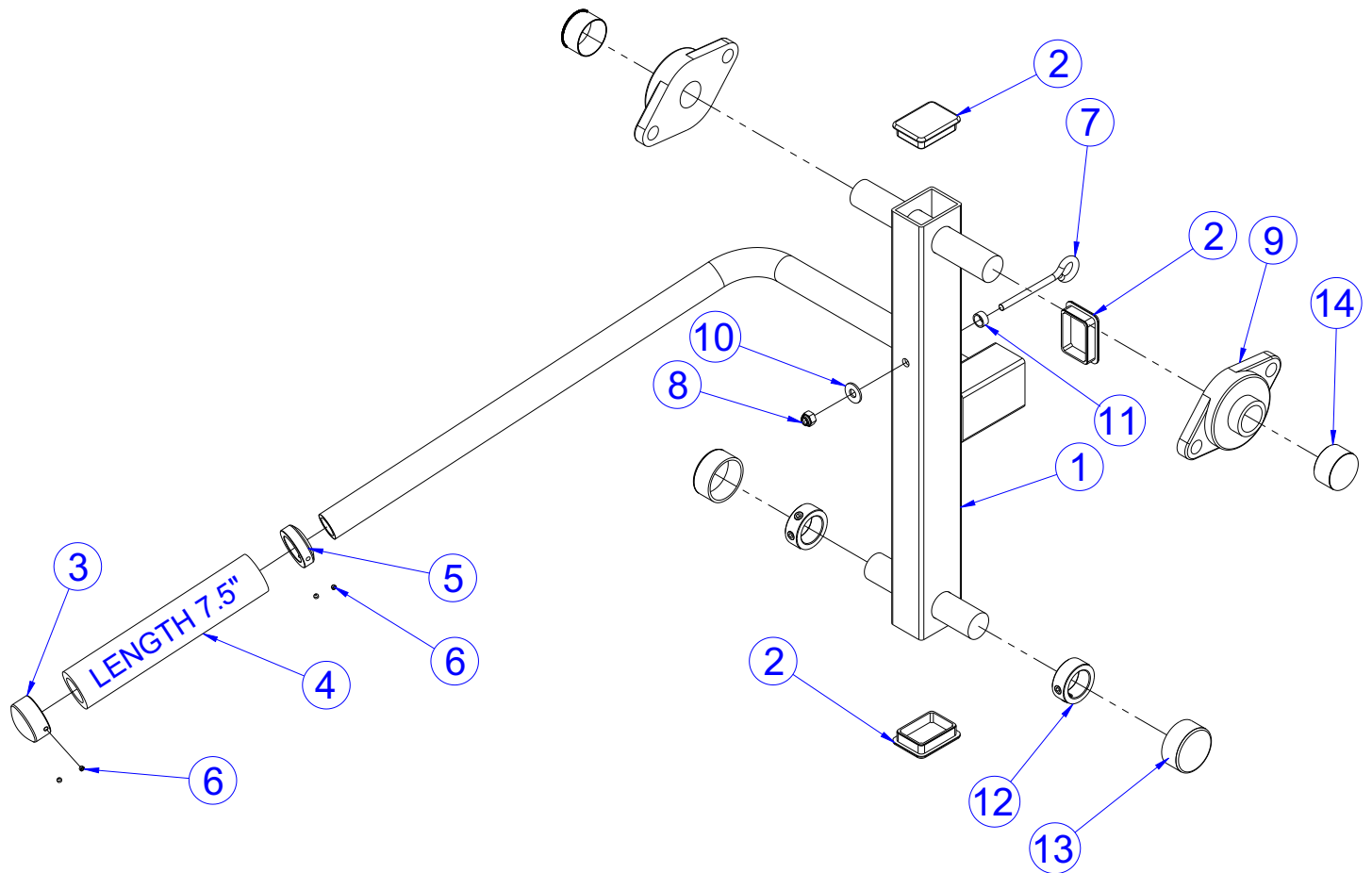
ITEM NO.	QTY.	PART NO.	DESCRIPTION
1	1	7534401	WLDMT, MTVS, LEFT FRAME
2	1	7534501	WLDMT, MTVS, RIGHT FRAME
3	1	7540801	ASSY,MTVS, LOWER PULLEY
4	1	7540901	ASSY,MTVS,BACK FRAME
5	8	3239311	1/2-13 X 2.75 UNS HEX FHB G5 ZN
6	12	7434001	WASHER, MTS, HAMMER HEAD
7	16	3239505	WSH, .500 IN-D ST ZN
8	20	3102801	NUT, NYLOCK 1/2-13 ST ZN
9	2	1002974-0001	CAP. END, 1-1/2 X 3, 11GA SGRY
10	2	64051-00289-A000	HAMMER STRENGTH NAME PLATE
11	1	7540701	ASSY,MTVS, M-ARM
12	1	7540501	ASSY, MTVS, CARRIAGE
13	1	7540601	ASSY,MTVS, ADJ. HANDLE
14	2	3244501	BEARING, 2 HOLE FLANGE, 1.25" ID
15	2	3239901	BEARING, 2 HOLE FLANGE, 1" ID
16	4	3239312	1/2-13 X 3.00 UNS HEX FHB G5 ZN
17	8	3239306	1/2-13 X 1.50 UNS HEX FHB G5 ZN
18	6	3237401	PLUG, 7/16" HOLE
19	2	6912806	SLEEVE, ACCRDN 1.0 ID X 3

MTSVS VERTICAL SQUAT CARRIAGE ASSEMBLY



ITEM NO.	QTY.	PART NO.	DESCRIPTION
1	1	7534901	WLDMT, MTVS, CARRIAGE FRAME
2	2	7662802	RING, GRIP 1.50 OD
3	2	7662902	CAP, GRIP 1.50 OD
4	2	3235802	GRIP, SHADOW GRAY, 7.5"
5	8	3247701	M4 X .7 HXS NO CUP STBO
6	4	7352201	CAP, END 1-1/2 X 2
7	2	1002974-0001	CAP. END, 1-1/2 X 3, 11GA SGRY
8	1	3102506	WASHER, TYPE A PLAIN 1/4
9	1	3102806	NUT, NYLOCK 1/4-20 ZN
10	1	3244101	BOLT, EYE 1/4-20 X 2
11	2	7422003	LABEL, MOVING PARTS
12	1	8027501	SPRING, MTSVS CARRIAGE
13	2	3237401	PLUG, 7/16" HOLE
14	1	7489402	BSHNG, .500 OD X .402 ID

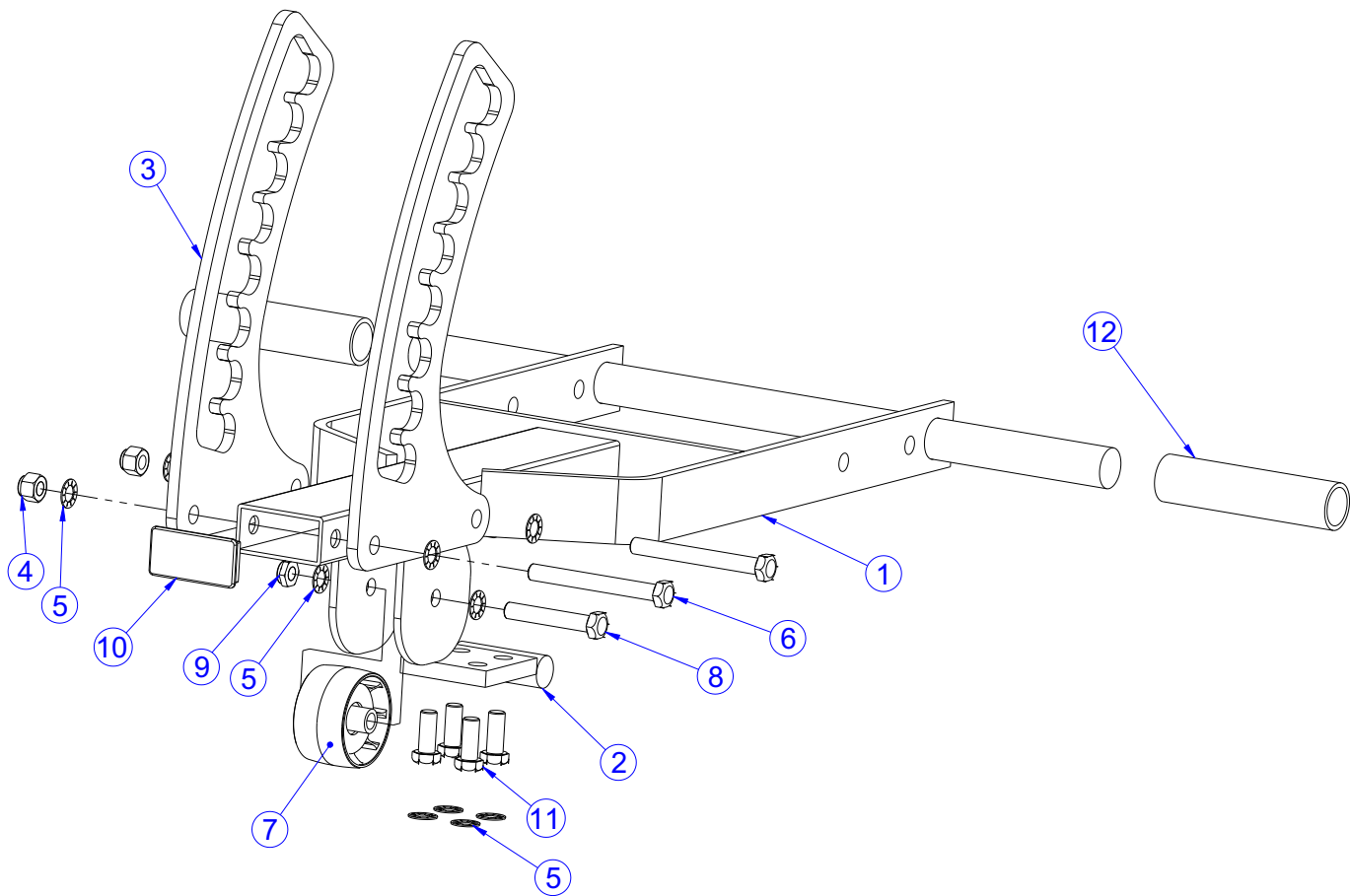
MTSVS VERTICAL SQUAT ADJUSTMENT HANDLE ASSEMBLY



ITEM NO.	QTY.	PART NO.	DESCRIPTION
1	1	7535001	WLDMT, MTSVS, ADJ. HANDLE
2	3	7352201	CAP, END 1-1/2 X 2
3	1	7662902	CAP, GRIP 1.50 OD
4	1	3235802	GRIP, SHADOW GRAY, 7.5"
5	1	7662802	RING, GRIP 1.50 OD
6	4	3247701	M4 X .7 HXS NO CUP ST BO
7	1	3244102	BOLT, EYE, 1/4-20 X 2-1/2
8	1	3102806	NUT, NYLOCK 1/4-20 ZN
9	2	3239901	BEARING, 2 HOLE FLANGE, 1" ID
10	1	3102506	WASHER, TYPE A PLAIN 1/4
11	1	7489402	BSHNG, .500 OD X .402 ID
12	2	7435301	COLLAR, SHAFT 1.020 ID
13	2	3242601	CAP, END, 1.375 X .750 RD, BLACK VINYL
14	2	3244901	CAP, END, 1.187" X .750" RD, BLACK VINYL

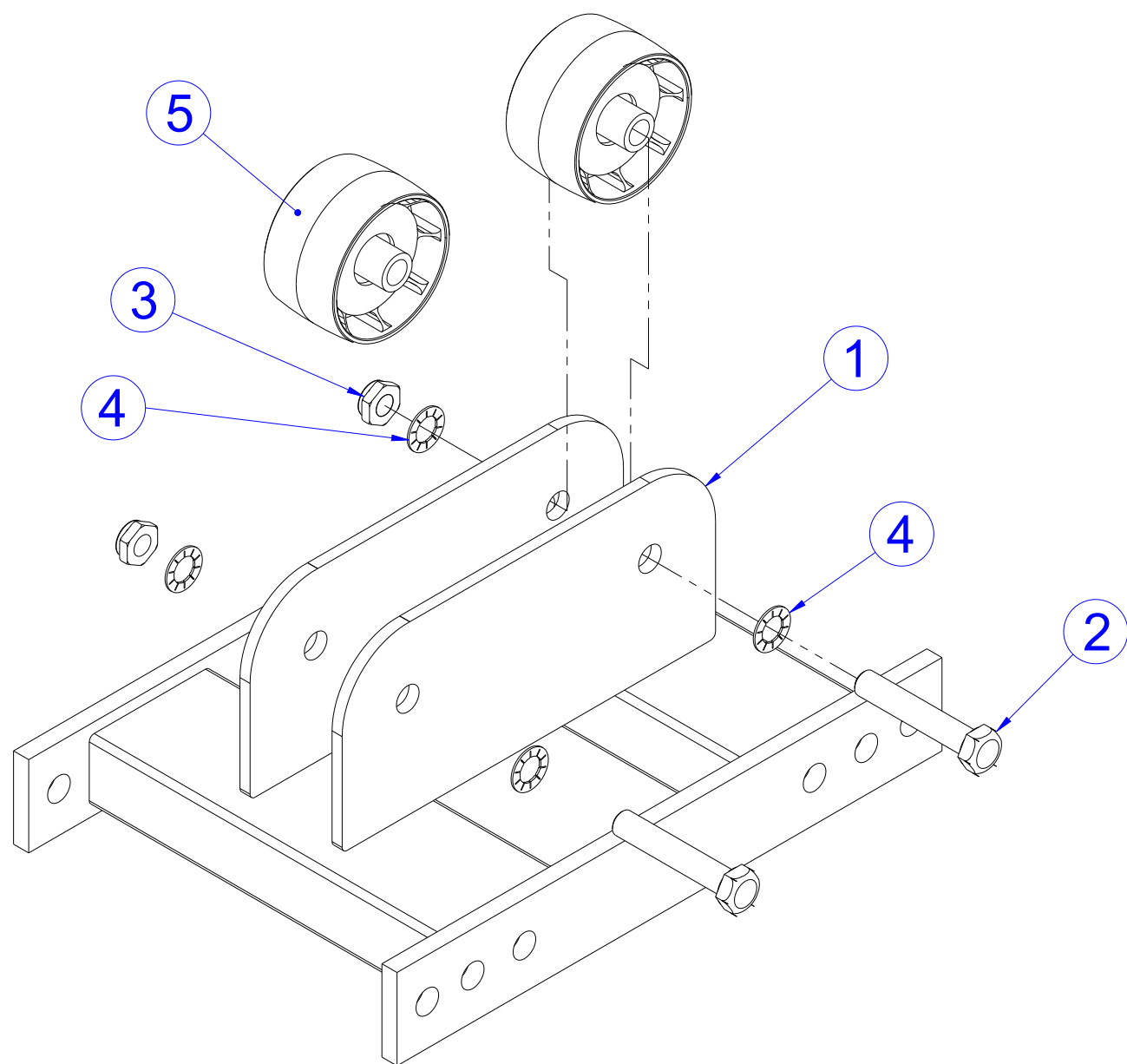
MTSVS VERTICAL SQUAT

M-ARM ASSEMBLY



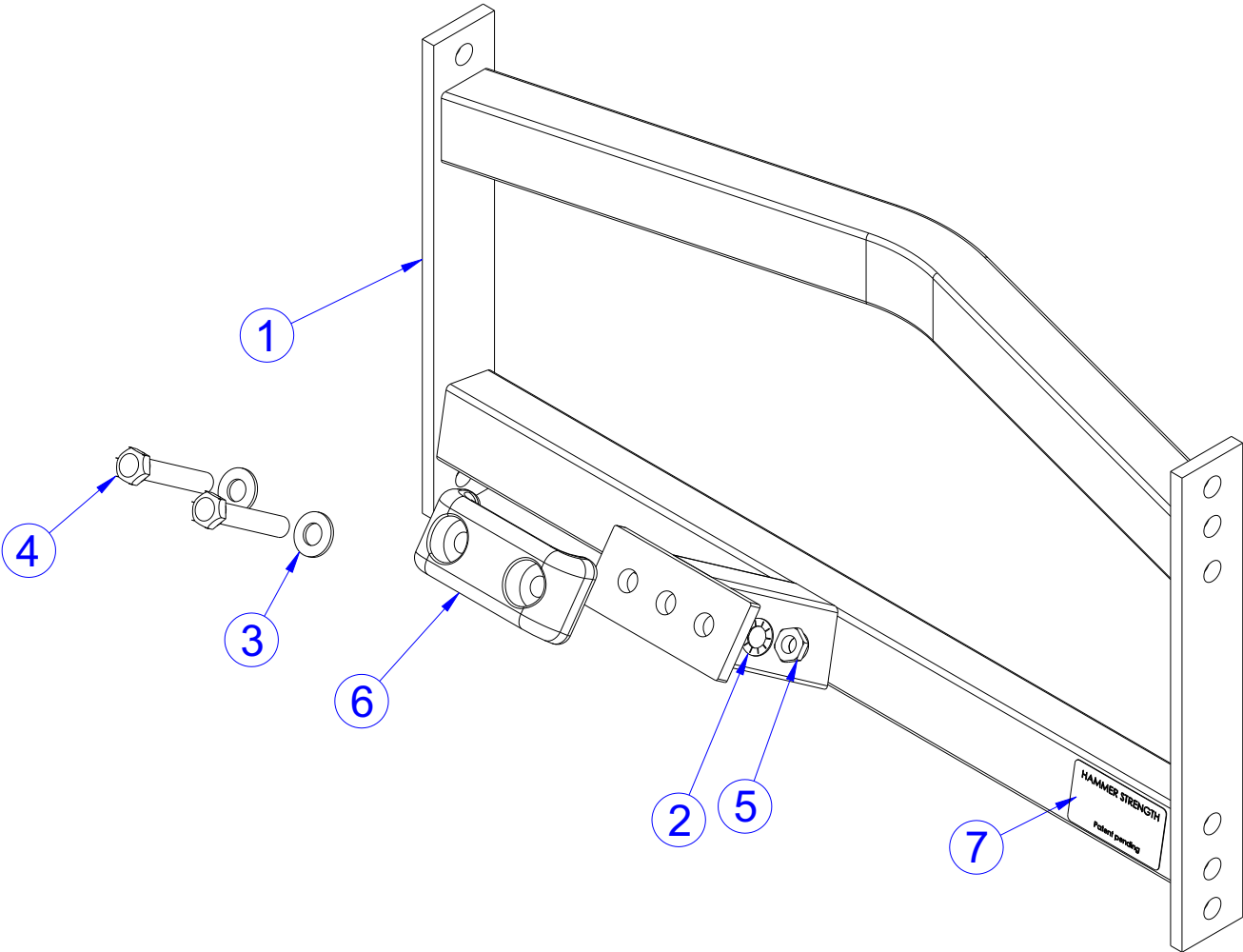
ITEM NO.	QTY.	PART NO.	DESCRIPTION
1	1	7534801	WLDMT, MTVS, M-ARM FRAME
2	1	7540001	WLDMT, MTVS, BELT CLAMP
3	2	7777001	PLATE, MTVS, ADJ. FLANGE
4	2	3102801	NUT, NYLOCK 1/2-13 ST ZN
5	10	3239505	WSH, .500 IN-D ST ZN
6	2	3239318	1/2-13 X 4.50 UNS HEX FHB G5 ZN
7	1	7594601	PULLEY, MTS, 3" BELT
8	1	3239312	1/2-13 X 3.00 UNS HEX FHB G5 ZN
9	1	3102804	NUT, NYLOCK-JAM 1/2-13 ST ZN
10	1	1002974-0001	CAP. END, 1-1/2 X 3, 11GA SGRY
11	4	3239305	1/2-13 X 1.25 UNS HEX FHB G5 ZN
12	2	3235803	1.18 ID X 6.00

MTSVS VERTICAL SQUAT LOWER PULLEY ASSEMBLY



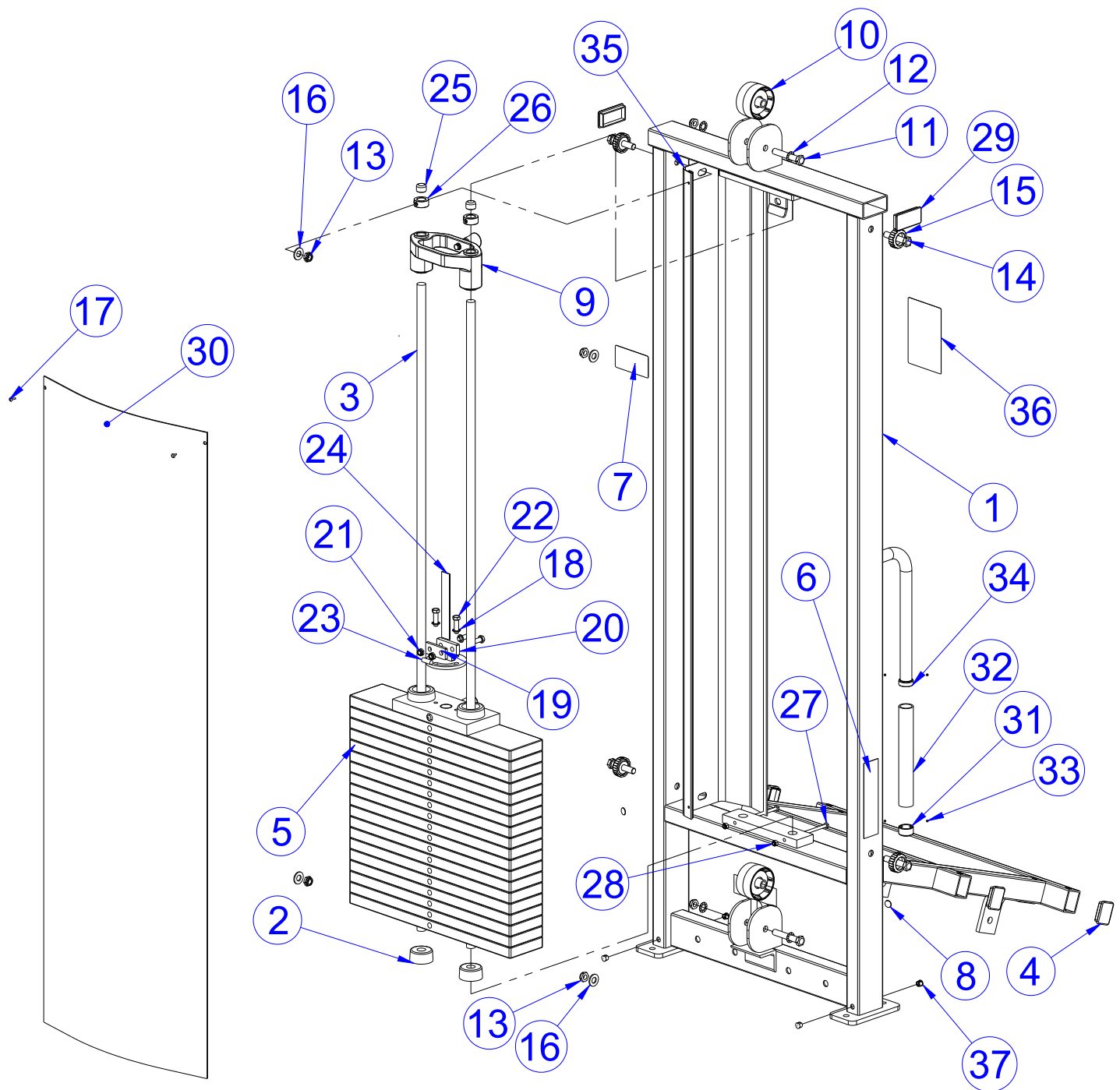
ITEM NO.	QTY.	PART NO.	DESCRIPTION
1	1	7534601	WLDMT, MTVS, PULLEY FRAME
2	2	3239311	1/2-13 X 2.75 UNS HEX FHB G5 ZN
3	2	3102804	NUT, NYLOCK-JAM 1/2-13 ST ZN
4	4	3239505	WSH, .500 IN-D ST ZN
5	2	7594601	PULLEY, MTS, 3" BELT

MTSVS VERTICAL SQUAT BACK FRAME ASSEMBLY



ITEM NO.	QTY.	PART NO.	DESCRIPTION
1	1	7534701	WLDMT, MTVS, BACK FRAME
2	2	3239505	WSH, .500 IN-D ST ZN
3	2	3102507	WASHER, TYPE A PLAIN
4	2	3239311	1/2-13 X 2.75 UNS HEX FHB G5 ZN
5	2	3102804	NUT, NYLOCK-JAM 1/2-13 ST ZN
6	1	7352001	BUMPER, 2-1/8 X 4-5/8
7	1	M051-00299-A000	HAMMER PATENT DECAL

MTSVS VERTICAL SQUAT WEIGHT FRAME ASSEMBLY



SEE PAGE 13 FOR LEGEND

MTSVS VERTICAL SQUAT WEIGHT FRAME LEGEND

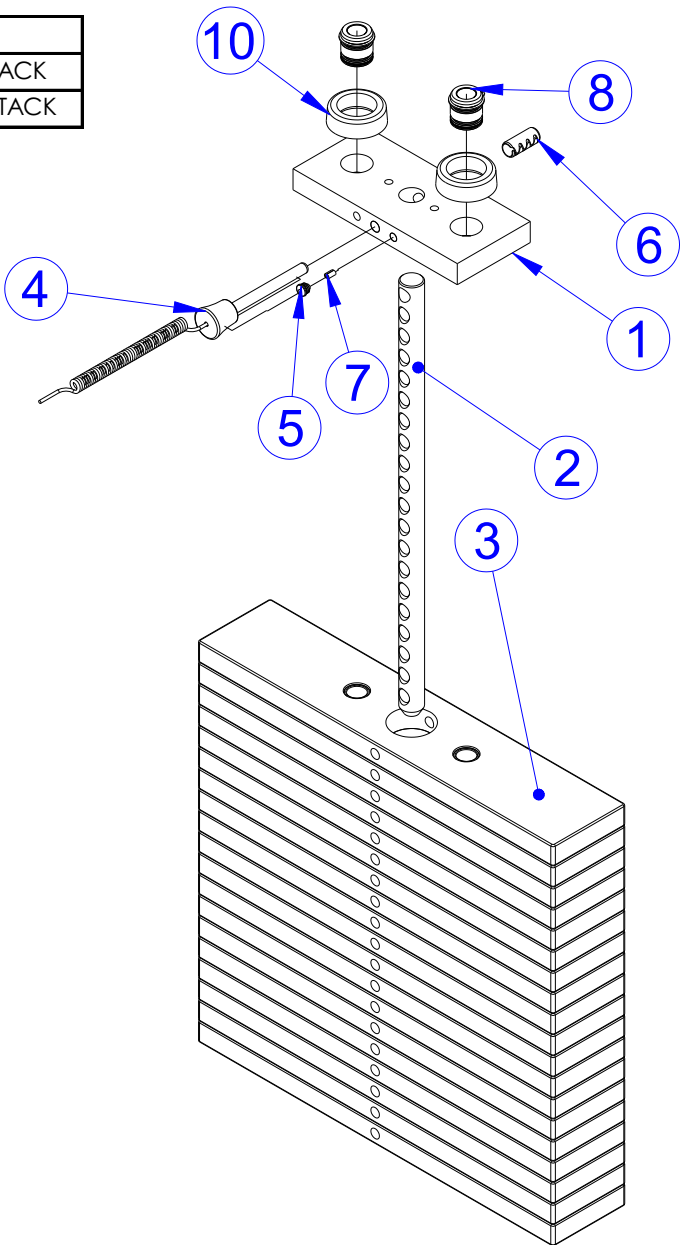
ITEM NO.	QTY.	PART NO.	DESCRIPTION
1	1	7613601	WLDMT, MTS, WT. FRAME
2	2	7352101	CUSHION, WEIGHT STACK
3	2	7328615	GUIDE ROD, .75 OD SOLID 59.13
4	4	7352201	CAP, END 1-1/2 X 2
5	1	7480801	ASSY, MTS, 390 LB STACK
6	1	7422004	LABEL, 2" ASTM WARN
7	1	7051-00297-A000	INCREMENT WT. DECAL (RIGHT)
8	2	7564101	LABEL, MTS, .625 DIA HOLE COVER
9	1	8046901	ASSY, MTS, INCREMENT WEIGHT
10	2	7594601	PULLEY, MTS, 3" BELT
11	2	3239312	1/2-13 X 3.00 UNS HEX FHB G5 ZN
12	4	3289505	WSH, .500 IN-D ST ZN
13	6	3102804	NUT, NYLOCK-JAM 1/2-13 ST ZN
14	4	3239310	1/2-13 X2.50 UNS HEX FHB G5 ZN
15	4	7434001	WASHER, MTS, HAMMER HEAD
16	4	3102507	WASHER, TYPE A PLAIN
17	2	6017-00101-1587	SHIELD RIVET
18	4	3289503	WSH, .375 IN-D ST ZN
19	1	7435295	PLATE, MTS, BELT CLAMP
20	1	7434895	WLDMT, MTS, BELT ATTACH
21	2	3102807	NUT, NYLOCK 3/8-16 LOW HT
22	4	3223302	3/8-16 X 1.25 HEX HEAD BOLT
23	1	7435101	SHAFT, 3/8" DIA SS, BELT WRAP
24	1	7435701	BELT, SPOOLED, W 15/16, T.09
25	2	3242701	CAP, END, .75 X .50. RD, BLACK
26	2	3103301	SHAFT COLLAR, 3/4 I.D. ZINC
27	2	3223809	1/4-20 UNS HEX FHB G5 ZN
28	2	3102806	NUT, NYLOCK 1/4-20 ZN
29	2	7002974-0001	CAP. END, 1-1/2 X 3, 11GA SGRY
30	1	8353601	SHROUD, MTS, 20.25 X 59.00
31	2	7662901	CAP, GRIP 1.25 OD
32	2	3265801	GRIP, 1.25 OD X .125 WALL OPEN END
33	8	3247701	M4 X .7 HXS NO CUP ST BO
34	2	7662801	RING, GRIP 1.25 OD
35	2	7465105	SHROUD, MTS, SIDE 59.00" SGRY
36	1	7758301	LABEL, MTSVS RELEASE HANDLE INSTR.
37	4	3237401	PLUG, 7/16" HOLE

MTSVS VERTICAL SQUAT

390 LBS. WEIGHT STACK ASSEMBLY

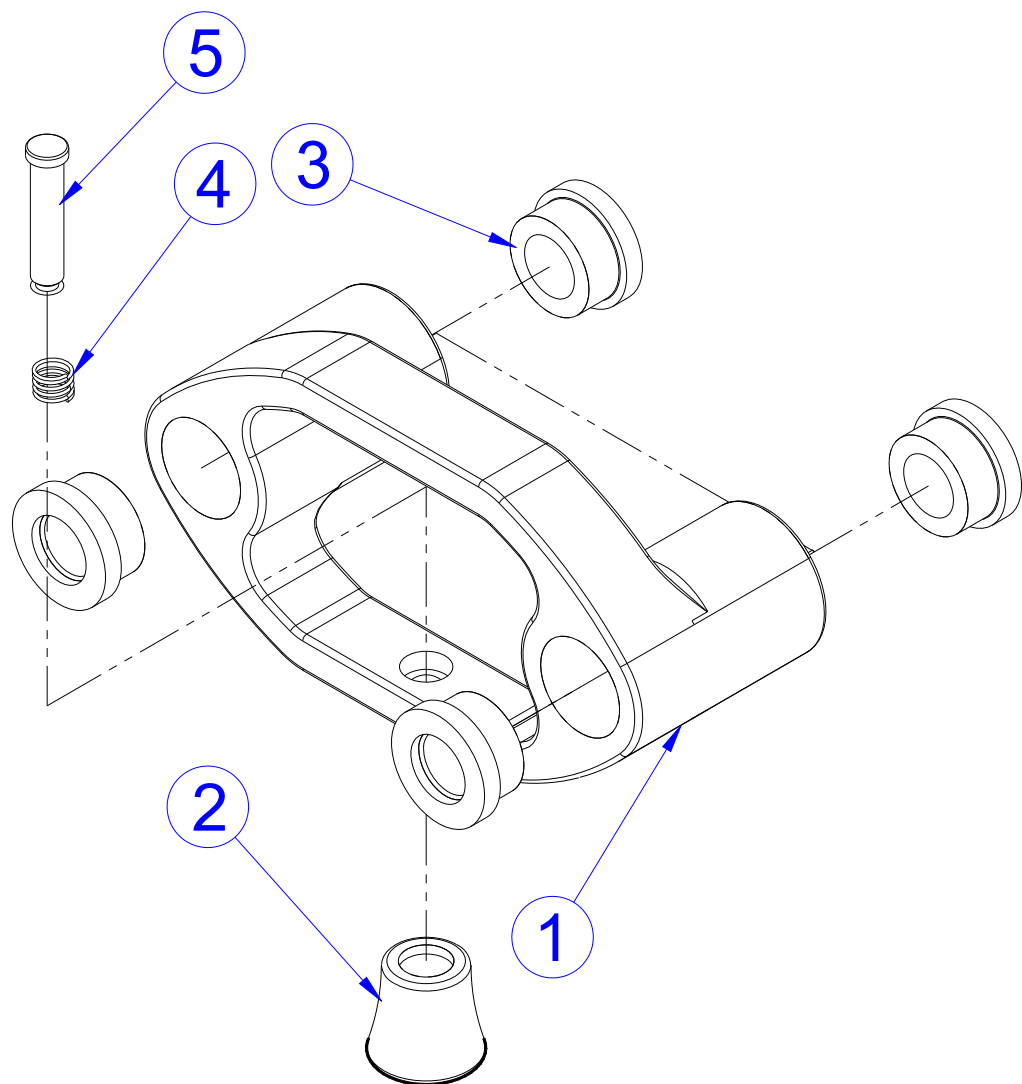
Weight Stack Labels

ITEM NO	DESCRIPTION
7927201	LABEL, 390 LB STACK
7927301	LABEL, 195 KG STACK



ITEM NO.	QTY.	PART NO.	DESCRIPTION
1	1	7434401	HEAD PLATE, MTS
2	1	7480701	BAYONET, MTS, 20 HOLE
3	19	7328401	WEIGHT PLATE, 20 LB
4	1	7338001	ASSY, SELECTOR PIN
5	1	7356501	PLUG, LANYARD ATTACHMENT
6	1	3236001	BUSHING, SPRING PIN
7	1	7523601	CRIMP, CABLE
8	2	7338001	BUSHING, HEADPLATE
10	2	7767601	BUMPER, PS INCREMENT WT

MTSVS VERTICAL SQUAT
INCREMENT WEIGHT ASSEMBLY - 7459901



ITEM NO.	QTY.	PART NO.	DESCRIPTION
1	1	7459801	BLOCK, MTS, INCREMENT WEIGHT
2	1	7351401	KNOB, TULIP STYLE
3	4	7560001	BUSHING, MTS, INC WEIGHT
4	1	7447001	SPRING, COMPRESSION
5	1	7446901	PIN, RETAINING

MTSVS VERTICAL SQUAT IMAGE

